

# **NOVEMBER 2023**

Big Oak Flat Groveland Unified school District

MENU SUBJECT TO CHANGE Served Daily- fruit. **Graham Crackers**, Choice of Cereal, Yogurt, Milk

# Monday **Tuesday**

6 Banana Bread Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker

Blueberry Muffin

Choice of Cereal

Fresh fruit. Yogurt.

Granola, Graham Cracker

NO SCHOOL

13

20

Apple Pie Parfait Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker

14 Pancakes & eggs Choice of Cereal Fresh fruit, Yogurt, Granola , Graham Cracker

21

27 28 Apple Pie Parfait Banana Bread Choice of Cereal Choice of Cereal Fresh fruit. Yogurt. Fresh fruit, Yogurt, Granola, Graham Cracker Granola, Graham Cracker

#### Wednesday

Waffles Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker

8 Biscuits & gravy Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker

15 Banana Bread Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker



29 Waffles Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker

## Thursday

Benefit Bar Choice of Cereal Fresh Fruit, Yogurt Granola, Graham cracker

9 Cinnamon Roll Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker

16 Benefit Bar Choice of Cereal Fresh fruit, Yogurt, Granola, Graham Cracker

30 Pancake on a Stick Choice of Cereal Fresh Fruit, Yogurt Granola, Graham cracker

## Friday

Pancake on a Stick Choice of Cereal Fresh Fruit, Yogurt Granola. Graham cracker

10

**NO SCHOOL** 

Pancake on a Stick 17

Choice of Cereal

Fresh fruit, Yogurt,

Granola, Graham Cracker



\*All Grains served are Whole grain (WG) or Whole grain rich (WGR)