

## OCTOBER 2024

Big Oak Flat Unified School District

MENU SUBJECT TO CHANGE
Served Daily – Fruits, Graham
Crackers Choice of Cereal,
Yogurt, Milk

Tuesday	Wednesday	Thursday	Friday
Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Sausage McMuffin Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Banana Bread Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker
Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Pancake Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade French Toast  Bake  Choice of Cereal,  Fresh Fruit, Yogurt,  Graham cracker
Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Bagel Breakfast Sandwich Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Coffee Cake Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker
Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Sausage Biscuit Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Pancake Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker
Honey Bun Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Bagel Breakfast Sandwich Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Freaky Frankenstein Parfait Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	
	Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Honey Bun Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Bagel Breakfast Sandwich Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Bagel Breakfast Sandwich Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Fresh Fruit, Yogurt, Graham cracker	Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker  Parfait of the Day Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker