

SEPTEMBER 2024

Big Oak Flat Unified School District

MENU SUBJECT TO CHANGE
 Served Daily – Fruits, Graham
 Crackers Choice of Cereal,
 Yogurt, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL ²	Parfait of the Day ³ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Sausage McMuffin ⁴ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin ⁵ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Banana Bread ⁶ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker
Scrambled Eggs & Biscuit ⁹ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Parfait of the Day ¹⁰ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Breakfast Quesadilla ¹¹ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin ¹² Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade French Toast ¹³ Bake Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker
Bagel w/ Cream Cheese ¹⁶ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Parfait of the Day ¹⁷ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Sausage Biscuit ¹⁸ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin ¹⁹ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Pancake ²⁰ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker
Scrambled Eggs & Biscuit ²³ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Parfait of the Day ²⁴ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Bagel Breakfast Sandwich ²⁵ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Homemade Seasonal Muffin ²⁶ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker	Honey Bun ²⁷ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker
Bagel w/ Cream Cheese ³⁰ Choice of Cereal, Fresh Fruit, Yogurt, Graham cracker				

*All Grains served are Whole grain (WG) or Whole grain rich (WGR)

